



Laurentian District Newsletter

Fall 2020

Pat's Ponderings

*As the Father has loved Me, so have I loved you.
Now remain in My love.* (John 15:9 NIV)

In the last newsletter, I was embarking on “housecleaning.” I confess that the job isn’t completed yet. Our ducts did get cleaned and that was a great benefit for us as we had gone from heating with oil to propane three years ago.

During good weather, I was busy outside with mowing, trimming, and cleaning up chores. The garden still has tomatoes hanging and I thank God for all of the good vegetables produced this season.

I’ve enjoyed the webinars, Bible studies on Zoom, worship and devotions on YouTube through church, but admit I thoroughly enjoyed attending in-person worship services in Pembroke and Eganville in early August and then later in August at Sudbury when my husband preached for those ministers on vacation. We were able to sing the different liturgies and hymns in all three congregations and most importantly, partake in the Lord’s Supper.

I guess that makes me guilty of not appreciating what I have until it’s not available. (I often don’t think about electricity or water until the power goes out either).

God is great and keeps teaching me many lessons through this time of pandemic. God is real. He is sure. He is true to His Word.

A lot of people are feeling isolated, depressed, “cheated” or at a loss in general. We as God’s

children can share God’s love with whomever we talk or write to. That word showing concern or a kind word spoken to a stranger might be the only good word they hear that day. Pray for others as God is the best friend anyone of us can have.

A new thing for me is learning how to speak French via Duolingo. I’m not good with the accents, but I figure our two-year-old granddaughter will enjoy correcting Nana if I say it incorrectly. I’ll need to practice what I’ve learned so it becomes more natural.

LWMLC is trying new things also — one of which will be having a virtual convention July 8-11, 2021. In the month of October, there will be four different times available for all of our women in LWMLC positions whether it be at society, zone, or district level to hear our national President Linda Long give a presentation and hear from you what could help you in your locale with communication. You’ll be receiving more information soon.

We do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet was without sin. Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. (Hebrews 4:15-16 NIV)

Pat Geick, Laurentian District President

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From the Pastoral Counsellor

Contentment Makes Truly Happy

Godliness with contentment is great gain. (1 Timothy 6:6)

God's apostle commands: *Let your conduct be without covetousness, and be content with such things as you have* (Hebrews 13:5). A man is content when he is satisfied with what God has apportioned to him, whether it be much or little, and when he is not continually craving things which God has not given him. Such contentment makes one truly happy; for such contented people cheerfully perform the labours and duties of the station and calling in which God has placed them and, without perplexing their minds, leave it to God to give the increase. They do not torment themselves with things of the past, which cannot be recalled or altered, or with things of the future, of which they know nothing, but, attending to the labours of the day, they leave past and future in the hand of God.

People who live thus contented can nevertheless not enjoy perfect happiness, because in this vale of tears they remain surrounded by evils; but they live comparatively happy because they put up with evils and make the best of things that are not just as they would like to have them. Such contentment is indeed great gain.

How can one acquire such contentment? It does not dwell in us by nature, neither can we acquire it by our own energy. God must give it — it is His gift, and of Him we

must ask it. But if we are to ask God for this gift, we must first be able to lift up our eyes to Him with cheerfulness and confidence. We must know that our sins are forgiven. No one on earth can have a truly contented and quiet heart unless they know that they have forgiveness of all their sins, that God has become their gracious and loving Father, and that they shall not be brought into the judgment of condemnation. No one can possess the gift of true contentment unless he or she is a Christian; but the Christian does possess it. And that is great gain. We can say: *The Lord is my Shepherd; I shall not want.*

Let us pray:

O benevolent Father, let us not forget that all things we receive come from You and are Yours. For this very reason, vouchsafe that we may never be dissatisfied with what You give. We pray You to ward off from us whatever might render our livelihood difficult. Let each one be content and satisfied with our lot, that both rich and poor may recognize Your power and may praise You. Grant that the rich do not place their trust in their wealth, that the poor enjoy what they have in good health, and that we all may delight in Your goodness; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Rev. Bill Stanfel

Structure Committee

The committee has completed the revisions to the existing Bylaws. The document was sent to the Structure Committee of LWMLC for review and that has been done. This will now be sent to the societies in the District for review and will then be presented to the next district convention for adoption.

The Procedures Manual still needs to be reviewed.

The Structure Committee consists of:

Rachel Kuhl
 Anne Taylor
 Eloise Schaan (chair)
 Pat Geick (Laurentian District President)

Eloise Schaan

Financial Reports

LAURENTIAN DISTRICT LWMLC Treasurer's Report

April 1, 2019 - August 31, 2020

Opening Balance	8,773.36
Total Deposits	8,988.55

	Apr 1 - Aug 31, 2020	Triennium to Date	Triennium Budget	
LWMC Mites	-	2,741.99	9,660.00	
Mission Grants	-	4,000.00	9,000.00	
Convention Attendance	-	-	3,000.00	
Travel	-	142.25	500.00	
Communication	-	-	50.00	
Supplies	-	-	50.00	
Misc.	-	-	150.00	
Bank Fees	-	-	90.00	
Equalization	-	403.75		
Convention Expenses	-	1,874.62		
Delegate Expenses	-	-		
Total Expenses	-	9,162.61	22,500.00	9,162.61
Closing Balance				8,599.30

Rachel Kuhl
Treasurer

Laurentian District LWMLC Financial Secretary Report

April 1, 2019 to August 31, 2020

	April 1 to August 31, 2020	Triennium to date
Mites	\$915.00	\$7,769.97
Delegate fund	\$110.00	\$750.00
Equalization	\$0.00	\$403.96
Convention	\$0.00	\$64.62
Total	\$1,025.00	\$8,988.55
Total Delegate Fund	\$1,125.88	

Brenda Pighin
Financial Secretary

Society News

Our Saviour Lutheran Church, Ottawa

We continued to meet from September 2019 to February 2020.

Betty Threinen leads us in Bible studies. She is legally blind, but her knowledge of the Bible and her memory are very inspiring to us all.

This year we studied the Gospel of Matthew, a monumental Bible study enjoyed by all. It was very in-depth but everyone faithfully attended the meetings so as not to miss one *Word!*

We celebrated LWMLC Sunday on October 6, 2019. The women participated in the worship service, as well as hosted a potluck lunch after the service.

Our November meeting included a presentation by the Executive Director of Caldwell Family Centre. The presentation was based on the Centre, the work they do and how we can help. We donated food, winter coats and winter clothes to the centre. We continued to collect food over the Christmas season.

The December meeting was spent gathering baked goods for the Christmas baskets. This was one of the best years for baked goods — the women certainly came through! In total we gathered together 11 baskets for our elderly, shut-in members, neighbours and friends. The baskets included a small journal and a pen with the inscription “*Thy Word is a lamp unto my feet, and a light unto my path. Psalm 119:105.*” The baskets are always so well received, especially the baked goods!

After assembling the Christmas baskets, we went to the Sanctuary and had a brief explanation of the Advent wreath. While decorating the Christmas tree at the altar, each woman was given a booklet describing the ornaments (Chrismons) and explaining the meaning of each ornament. We sang Christmas carols and, of course, enjoyed a potluck

lunch. A truly wonderful time was had by all during this glorious time of year.

Our January 2020 meeting was cancelled due to a snow storm. In February we continued with the Gospel of Matthew, and then, unfortunately, due to COVID-19, we were unable to meet in March and finish our Bible study.

Betty Threinen undertook the task of calling the women each month to ensure they were safe and healthy.

A Bible study was emailed to the women, or mailed for those not on the internet, in May. It was titled “My Father” As an example, it read “My Father loves me” John 3:16; “My Father ... cares for me” Matthew 6:26, etc. The women were asked to look up each Bible verse, then select a few of the verses that related to their life.

With the continued concerns of COVID-19, a whole new way of doing things was imminent. Between Betty Threinen, Joanne Hagar and myself, we are in the middle of preparing Bible studies to email or mail to the women each month. Participation is the key to the continued success of our LWMLC meetings.

We continue to support Caldwell Family Centre, The Ottawa Mission, and the Deaconesses of Nicaragua.

As we begin our 2020 / 2021 meetings in September, we pray for an end to this virus, pray we can safely meet again, and look forward to *Growing in Faith, Serving God’s People, Sharing God’s Son.*

Carol Sutcliffe

National News

NATIONAL CONVENTION

July 8-11, 2021

The convention will now be held virtually!

Theme: “Christ Lives in Me” (based on Galatians 2:20)

Keynote speaker – Sandra Schaeffer, pastor’s wife, teacher, mother and homeschooler.



At a National Council Go2Meeting held September 29, and after much discussion, it was voted on and passed that the National Convention in 2021 will be a virtual convention due to the uncertainty of whether or not the pandemic will be under control and also whether provinces will be open to visitors. Although everyone was hoping for a face-to-face convention, with what is happening with this pandemic, planning for a face-to-face convention was becoming more difficult. Therefore, it was decided that for the health and safety of all concerned, the convention would be virtual. Further information will be sent out to each society as it becomes available.

Convention Deadlines

Theme Song/Hymn (s)

October 31, 2020 is the deadline for submissions for theme songs or hymns for the convention. The theme is Galatians 2:20 – Christ Lives in Me. Thank you to those who have already sent in submissions—it is exciting to see the immense talent of our members. Send to Becky Wandio, VP Communication at vpcommunication@lutheranwomen.ca

Mission Grant Proposals

Every society is challenged to think about submitting a Mission Grant proposal. This is how our mites are spent. Start now, so the process is not rushed. Go to the LWMLC website (lutheranwomen.ca) and read the Mission Grant Submission Guide. If you need an idea, contact Beverly McKean at vpchristianmission@lutheranwomen.ca. The deadline for submissions is November 15, 2020.

Zone Delegates & Alternates

Please send to Pat Geick (wpgeick@gmail.com) by November 30, 2020

New from the Resource Centre — LWMLC APPAREL! (see back page of this newsletter)

Do you want to be stylish and warm at the same time? Do you feel like wearing LWMLC on your “sleeve”? Then this apparel is right for you! You may also like to treat someone else to a new jacket. LWMLC logo will be embroidered on the upper left-hand side.

Sales will be announced several times throughout the year. ORDER FROM Tom Sperling, 1-519-588-7066 ORDER ONLINE resourcecentre@lutheranwomen.ca. Please use the form provided on the website.

Pooling your orders with those close by will save on shipping and handling costs.



Upcoming events...

Faithful Francophones: how LWMLC mites have helped French ministry Webinar

On Saturday, November 7, 2020 you will have an opportunity to learn more about the exciting things happening in ministry to French-speaking people and how LWML-Canada is helping that happen. Rev. Dr. David Somers, pastor at Ascension Lutheran Church in Montreal (l'Église évangélique luthérienne de l'Ascension) and missionary-at-large for LCC, will describe how our mites have helped the Francophone ministry in Quebec and beyond.

Bev McKean, vice-president for Christian Mission, encourages you to get your questions ready for an interactive webinar presentation. She also suggests that perhaps what we learn may lead us to ideas for a mission grant proposal for the next triennium. And it won't be a moment too soon as the deadline for mission grant proposals is looming.

The webinar begins at 12:00 noon in Ontario (EST), 1:00 p.m. in the Maritimes (AST) and 1:30 p.m. in Newfoundland. To register, please contact Rena Detlefsen at detcou@yahoo.ca or call her at 1-514-812-8439. Registration deadline is November 3, 2020 midnight.

Have you visited our website lately?

Check out the district webpages and find out what your fellow members are doing! Discover some fresh ideas for your society or zone. Go to lutheranwomen.ca and check on the districts tab to pull down each district. Our webmaster posts the current newsletters. As well, the mission grant poster for each district's current triennium is on the page.

The *Laurentian District Newsletter* is published twice yearly (Spring and Fall) by the Communications Committee of the Laurentian District, Lutheran Women's League–Canada. If you would like a copy sent to your inbox, email the editor.

Sharing news about what your society or zone is doing helps others see the fellowship and opportunities to serve our Lord that are available through LWMLC. Send news and photographs to district editor, Elaine Stanfel (elaine.stanfel@gmail.com).

Visit our district webpage under the "Districts" tab at www.lutheranwomen.ca.

LIMITED TIME OFFER

LWML-Canada APPAREL

Order online! Order NOW for delivery in November.



Ladies' Performance Pique polo shirt

Code: M-20-06
\$41.75 plus S & H



White Sand



Classic Navy



Ceramic Blue

	CHEST	BODY LENGTH
XS	35	22-1/2
S	37	23-1/2
M	39	24-1/2
L	41	25-1/2
XL	44	26
2XL	47	26-1/2
3XL	50	26-1/2

Sizing: Finished measurements are in inches.

Chest: Full chest, measured 1" under the arms.

Body Length: Measured from the center of the back neck seam straight down to the bottom hem.

Ladies' Crossland Fleece Jacket

Code: M-20-07
\$44.75 plus S & H



Winter White



True Royal



Vintage Navy

	CHEST	BODY LENGTH
XS	36	26
S	38	26-1/2
M	40	27
L	43	27-1/2
XL	46	28
2XL	49	28-1/2
3XL	53	29
4XL	57	29-1/2

Order online through the Resource Centre.

Please use the form provided on our website.

Instructions are provided for using the order form if needed.

Pooling your orders with those close by will save on shipping and handling costs.

The new LWMLC logo will be embroidered upper left-hand place as shown on the pictures.

Orders will be placed with our supplier at the beginning of November – delivery will be by end of that month.

ORDER FROM

Tom Sperling

resourcecentre@lutheranwomen.ca

1-519-588-7066

Shipping & handling will be charged on all orders

**WATCH FOR MORE SPECIAL OFFERS
IN THE FUTURE**

Ladies' Soft-Shell Jacket

Code: M-20-08
\$49.25 plus S & H



White



Sport Purple



Sport Royal



Sport Dark Navy

	CHEST	BODY LENGTH
XS	37-1/2	24
S	39-1/2	25
M	41-1/2	26
L	43-1/2	27
XL	45-1/2	28
2XL	49-1/2	29
3XL	53-1/2	30

Ladies' Cypress Full-Zip Hoodie

Code: M-20-09
\$57.75 plus S & H



Heather Grey



New Royal



Vintage Navy

	CHEST	BODY LENGTH
XS	34	25
S	36-1/2	25-1/2
M	39	26
L	42	26-3/4
XL	45	27-1/2
2XL	46	28-1/4
3XL	50	29