



WARM UP THE WINTER

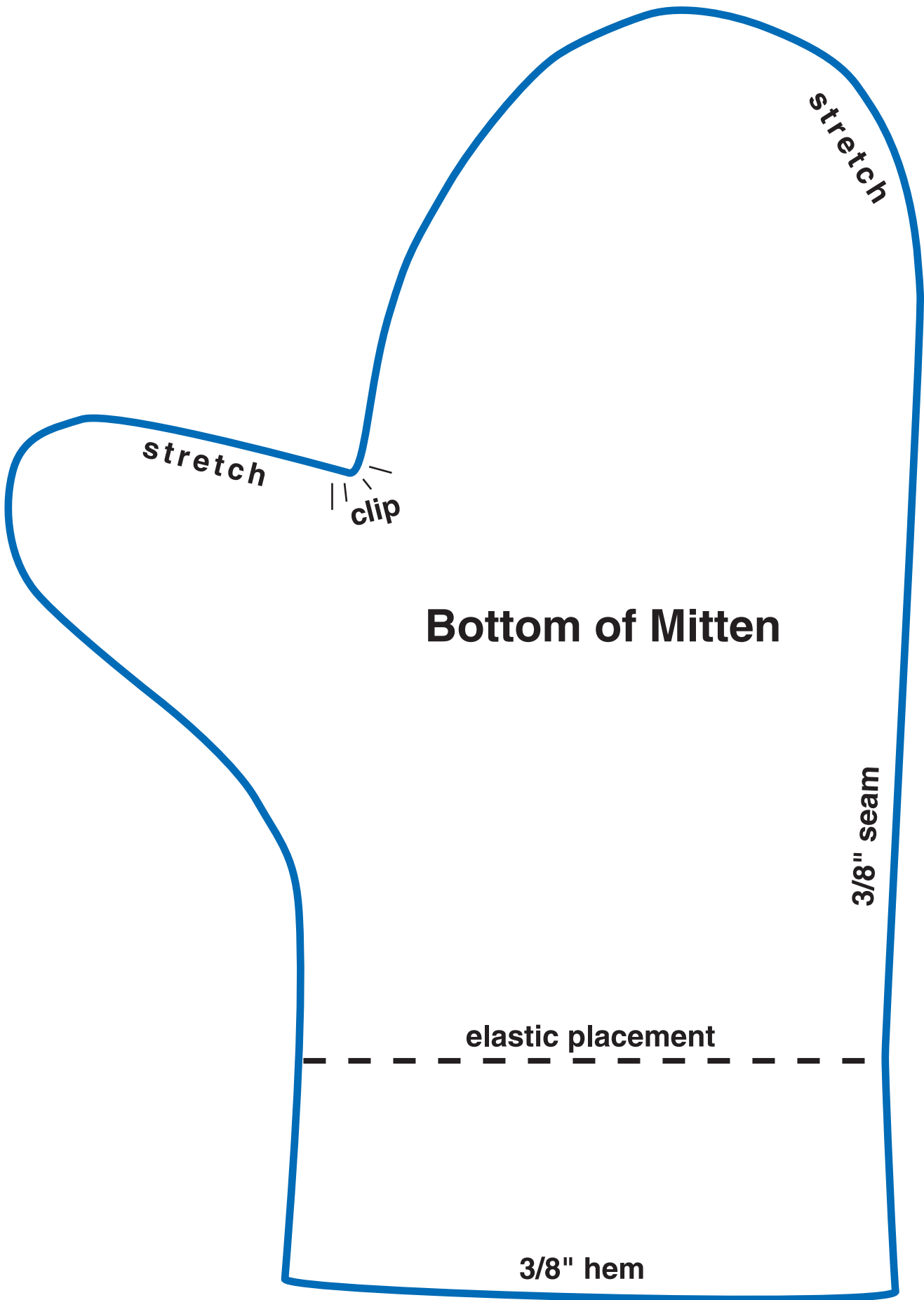
Not everyone can knit for the mitten tree. How about sewing some items instead?

Included here is a pattern and instructions to sew mittens and a winter hat from polar fleece. These are for children and size adjustments would be needed for adults.

INSTRUCTIONS FOR MITTENS

1. Cut out two of each of the pattern pieces. Use a tiny notch in the edge of the fabric to indicate the marking for elastic.
2. With right sides together, sew top of mitten to bottom of mitten from the lower outer edge to the first notch with a 3/8" seam allowance. Open seam.
3. Cut one piece of narrow elastic per mitten about 6" to 6.5" long. Mark centre with pin.
4. Attach along thumb side on placement line, zigzag in place.
5. Leave needle in fabric and stretch elastic to seam. Pin, stitch and stretch to opposite side. Secure in place. Secure in place.
6. With right sides together, continue sewing mittens together, stretching mitten bottom to fit top where indicated.
7. Clip seams on inside curve; trim.
8. Turn up hem allowance and stitch in place. A zigzag stitch works great for this.
9. Turn mitten right side out. Tie mittens together so they don't become orphans.

A metre of fleece will yield two sets of mittens, two hats and two scarves approximately 7" wide with the width of the fabric for the length of the scarf. Stabilize the outer edge of the scarf by running a zigzag stitch. Then fringe the ends by cutting in 1/4" intervals to 1.5 or 2" deep.



stretch

stretch

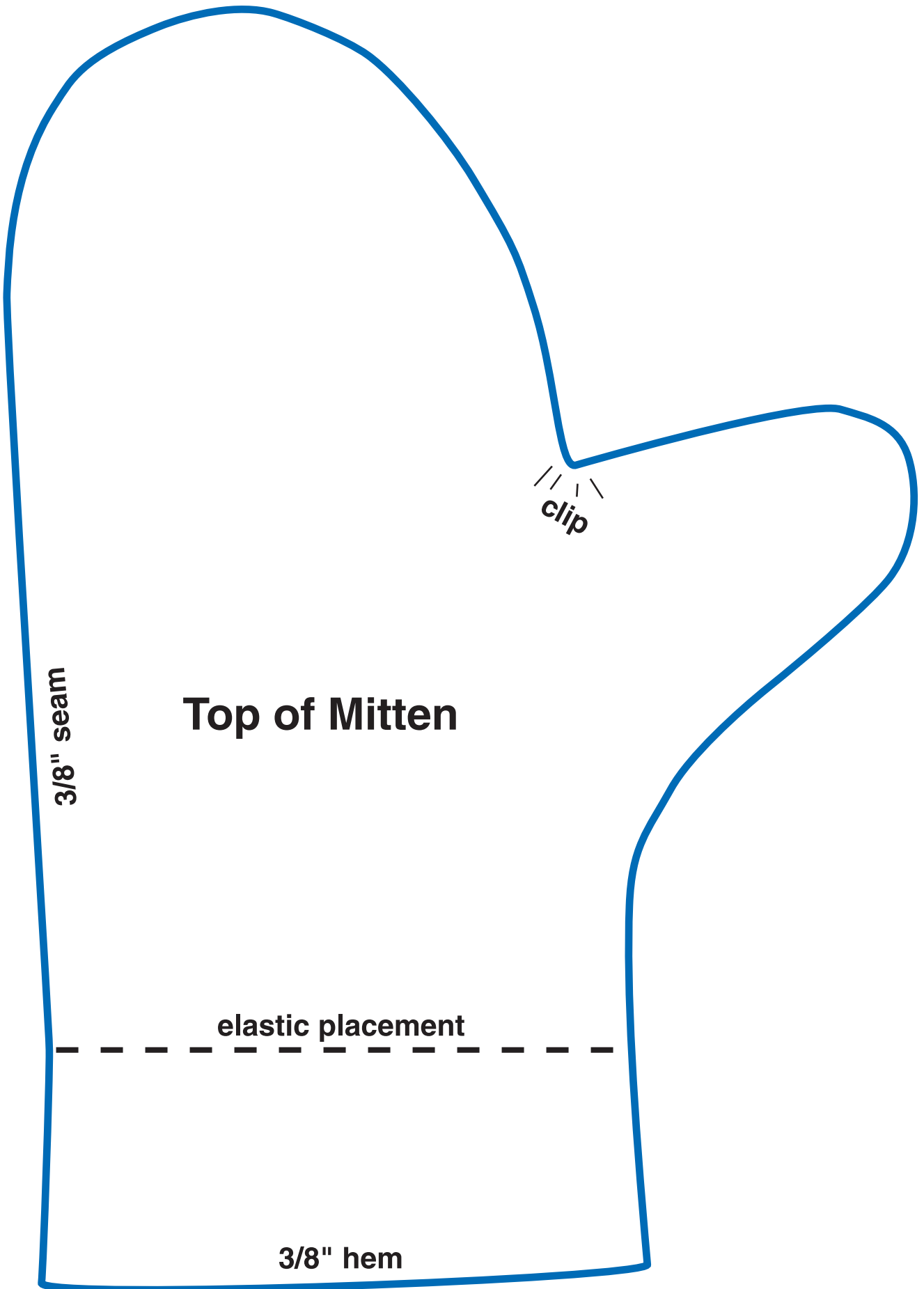
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Bottom of Mitten

3/8" seam

elastic placement

3/8" hem



3/8" seam

Top of Mitten

clip

elastic placement

3/8" hem

CHILD'S WINTER HAT

Materials:

Pattern piece

Fabric – soft melton cloth or double-faced fleece, no less than 15" x 22"

Cord in matching colour to tie top of hat, 18" long

Matching thread

Instructions:

- Make pattern by drawing a rectangle on paper according to size wanted.
 - Small – 9.5" x 15"
 - Medium – 10" x 15"
 - Large – 10.5" x 15"
- Draw a line 2" from side A and another line 2.5" from side C.
- Fold fabric in half the long way and place side B of pattern on the fold. Cut around pattern.
- Put the two 15" sides with right sides together and stitch a 3/8" seam.
- Press seam open. This is centre back.
- Turn up side C 2.5" into the inside of hat. Press.
- Sew with a zigzag or stretch stitch 1/4" from the edge.
- Attach cord to back seam at top of hat (side A), 2" from the top edge.
- Gather 2" from top and wrap cord twice and tie securely.
- Knot ends of cord at desired length and cut off excess cord.

Variation:

You may cut fringes on the top of the hat, 1/4" apart to give a pompom effect.

