

## Modifying a pillowcase to make a dress

### Materials required:

- One new or gently used cotton pillowcase
- 2 yd. (1.8 m) double fold bias tape
- 12"-18" (30-45 cm) elastic, wide - length depends on size
- Coordinating all-purpose thread

### Making the dress

1. Trim off the seamed end of the pillowcase. Do not cut off the hemmed edge; it will be the hem of the dress.
2. Cut out armholes on the cut edge using the Armhole Template pattern as a guide.
3. Fold under casings at the front and back top edges (the edges containing the armholes). Fold edge under 1/4" (.625 cm), then .5" (1.25 cm) to make each casing. Edge stitch casings.
4. Cut elastic into two equal lengths (6" (15 cm) for size small, 7" (17.5 cm) for size medium, 8" (20 cm) for size large, 9" (22.5 cm) for size X-large).
5. Insert one length into each casing. Thread elastic through the casing; stitch elastic ends to the outer edges of the casing to prevent them from pulling out. This gathers the front and back edges.
6. Cut two 38" (.95 m) lengths of double fold bias tape. Open tape and turn under 1/4" (.625 cm) on each end to finish the ends of the tape. Refold tape and encase armhole, allowing equal tape extensions at each end of the armhole so the dress can be tied at the shoulders. Edge stitch tape.

Size them by the length from the shoulder to the hem.

Small = 2, 3 and 4 (16-22" [40-55 cm] long)

Medium = 5, 6 and 7 (24-28" [60-70 cm] long)

Large = 8, 9 and 10 (30-34" [75-85 cm] long)

X-large = size 11 and above (anything over 35" long [87.5 cm])

### Dresses may be sent to:

#### Haiti Lutheran Mission Society

Resurrection Lutheran Church

400 Glenridge Avenue

St. Catharines, ON L2T 3L2

Contact: Howard Bogusat 905-468-3566

[hobo@cogeco.ca](mailto:hobo@cogeco.ca)

#### Canadian Lutheran World Relief

549 King Edward Street

Winnipeg, MB R3H 0N9

1-800-661-2597 e-mail: [wecare@clwr.mb.ca](mailto:wecare@clwr.mb.ca)

Various companies transport goods to CLWR. Check who and for any weight or size restrictions.



### ARMHOLE TEMPLATE

